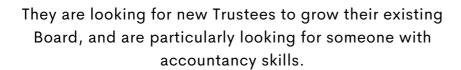


MORAY ART CENTRE BOARD MEMBER FINDHORN

Love art, sharing ideas, meeting people or managing money? Or simply looking for a way to help your community? If you enjoy any of these things, Moray Art Centre (MAC) needs you!



Moray Art Centre is a hands-on Board; meeting every 3 weeks, focused on guiding operations, planning and managing the centre's finances. The average Board member can spend up to 10 hours a week on MAC business. MAC produce an annual exhibition programme of inspirational established artists that also gives local emerging artists a platform, lead workshops throughout the year and create innovative projects such as the Art in Nature wellbeing programme and an Artists' Hub.

As a Trustee, you will be with a very supportive group of volunteers working in all the areas of managing the Moray Arts Centre and helping to ensure its sustainable and community focused future.

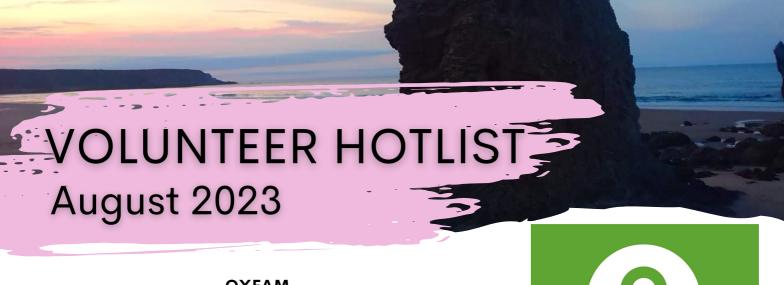








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OXFAM VARIOUS OPPORTUNITIES ELGIN

The Oxfam shop in Elgin has the following volunteering opportunities just now.

Till Operators for Thursday mornings and Saturday afternoons and a Shop Assistant Saturday afternoons. You can also be assisting customers on the shop floor.

Team Leaders needed so the shop can extend the trading days from 5 to 7 days.

Donation Sorters to sort stock, display and hang clothes for display in the shop.

Online Shop volunteers are also needed to photograph items and list on the online shop.

Volunteering at Oxfam is the perfect way to make friends and gain new skills, whether you're looking to improve your CV, take on a new challenge or just have fun! These opportunities are open to 14 years and over.

Oxfam retail volunteers make a real impact every shift and help Oxfam work towards a kinder and radically better world; one without poverty.









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FORRES OSPREY BUS: BOARD MEMBERS

Become a Trustee and work with the rest of the Board to manage this growing charity. The Trustee role is important for the ongoing success of the charity. Generally, it would require a commitment of a few hours a month.





FORRES SKATE PARK INITIATIVE IS LOOKING FOR NEW TRUSTEES TO JOIN THE BOARD

Do you have an interest in getting an all-wheeled sports facility in Forres? Do you have experience in fundraising, volunteering, marketing or organisation management? If so, get in touch!

MORAY FIRTH CREDIT UNION: BOARD MEMBERS.

MFU is an ethical savings and lending cooperative run by members for members. If you have skills and expertise in funding, marketing, governance or strategic planning this could be a great way to help people in your local community.





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PARTNERSHIP GROUP VARIOUS OPPORTUNITIES

InKeith and Strathisla Regeneration Group are looking for volunteers for resilience planning and action in the area.

Volunteers would be asked to attend training, meetings and assist in emergency situations in the area as part of the Resilience Planning Group.

No experience is necessary, just a willingness to help out your local community. Any time that you can give, would be greatly appreciated.

If you are interested in this opportunity, you'll be contacted to arrange a chat -- a chance for the Group to tell you more about these roles and for you to ask any questions.

Volunteers will be asked to help throughout the Keith and Strathisla region including Keith, Newmill, the Grange, Rothiemay, Mulben and Drummuir.

Volunteers would be given full training and support. These opportunities are open to anyone over the age of 16.







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ELGIN YOUTH DEVELOPMENT GROUP YOUTH SUPPORT VOLUNTEERS ELGIN

Do you enjoy working with young people? Do you want to gain new skills/experience/training? Do you want to give something back to your community?

Elgin Youth Development Group is looking for people to volunteer 2-4 hours per week/fortnight to help support their youth work sessions. Their incredible volunteers play an integral role in helping to facilitate their youth work sessions including supporting activities such as cooking, fitness sessions, after school clubs and holiday activities. Volunteers assist alongside experienced youth workers and help to create a safe space where young people can be themselves, take part in new activities and build their confidence.

What would you get out of volunteering?
You would make a difference and support young
people in your local community, meet new people,
learn new skills and give a boost to your CV and
improve your confidence.







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MORAY CITIZENS ADVICE BUREAU VOLUNTEER ADVISER ELGIN

Volunteering at the Citizens Advice Bureau (CAB) as an adviser is hugely rewarding.

Each session is different. People need the Bureau to help with a diverse range of consumer issues, through to housing problems and those simply needing effective signposting to other organisations and services that can help.

The Moray CAB is looking for people who love to work as part of a friendly team and have an open and enthusiastic manner. Advisers help clients reach informed decisions and may assist in drafting letters, making phone calls and filling in forms.

Ideally, volunteers who would be able to commit to giving six hours per week although this can be flexible. This would be split over two sessions per week.

You will receive excellent training and ongoing support. **The next training group starts late September.** This is your chance to make a positive difference to Moray residents, meet new people and learn new transferable skills.





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People's Experience Volunteer

We want to hear your voice!

Help us reach other people

No skills, knowledge or experience required

Tell us what's important to you and your community

Half a day per month Everyone has different experiences of health and social care. We need to hear about these to make sure that our work makes care better. Please volunteer to help us do this.

If interested, please contact

Chris Third Public Involvement Advisor

email christopher.third@nhs.scot

> telephone 07929 025816

Accessible to all

C Give your feedback

Can be done from home or in your local community

Help us make our information clear

For more information on the role, scan the QR code

https://www.hisengage.scot/

https://www.healthcareimprovementscotland.org/

Healthcare Improvement Scotland is part of the NHS in Scotland. Our job is to make sure that everyone in Scotland has the best possible health and care.





FLEXIBLE SOCIAL MEDIA AMBASSADOR

MWH is looking for someone who would like to gain some experience around social media through storytelling, cross promotion and creative engagement of their social movement.

Basic Level of social media understanding and use in one or all of Facebook, Instagram or Twitter. Ability to undertake an initial kickstart meeting for 30 minutes and a close down meeting approximately 15 to 30 minutes. Your own technology [phone or computer) and wi-fi access required.



COMMUNITY CONNECTOR

A Community Connector is a voluntary role for anyone who is willing to spare a couple of hours a month to support fellow peers in their local area. It's about connecting on a mutual level and using your own lived experience of life challenges to create positive change in others. It is entirely up to you both what, when and how you want to shape your time together. Expenses, supervision and training are provided.

MWH are looking for people with lived experience of:

Anxiety

Parenthood & Wellbeing Challenges

Neurodiversity

LGBTQ+ & Wellbeing Challenges

and many more; any type of lived experience is valuable to make genuine connections with others with similar experience.

Are you looking to enrich your life doing something meaningful? Get in touch now!



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SANQUHAR DAM RENOVATION GROUP OUTDOOR VOLUNTEERS FORRES



The Sanquhar Dam Renovation Group is looking for a number of volunteers to help make improvements around Sanquhar Pond in Forres on a Saturday morning.

The group maintain and improve the pathways, remove invasive plant species, plant native species, clear fallen branches or small trees and generally look after the area around the pond and fish ladder.

A basic level of physical fitness and an interest in working outdoors is a must. You should be able to take responsibility for your own safety.

They are a friendly group and will explain all what's involved to any new volunteers.

This opportunity is open to 16 years and older. Please let us know if this is of interest to you and we will pop you in touch.







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BLIND VETERANS UK HOME VISITOR VOLUNTEERS NEEDED MORAY



Can you spare a few hours a week to brighten someone's day?

Are you able to communicate, have patience and up for a coffee and a chat?

Blind Veterans UK is committed to supporting their blind veterans no matter where they are. Home Visitors provide crucial social interaction for isolated and lonely blind veterans. You could pop around To a veteran in your community for a chat and a cup of tea, read them the news headlines, or head out for a walk together.

Volunteers must be over the age of 18 and understand the importance of confidentiality and relationship boundaries. Travel expenses will be provided to the home of veterans and any further travel.

"The blind veterans we help constantly remind us how much our support means to them, which makes it all worthwhile. The opportunity to brighten up someone's day makes me proud to volunteer for Blind Veterans UK. It is a fantastic charity and joining is one of the best things I've ever done."

Jack Volunteer



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ACTIVE SCHOOLS VOLUNTEERS MORAY

Active Schools works across all schools in Moray, providing opportunities for children and young people to participate in sport before, during and after school, free of charge.

Active schools sessions are delivered by volunteers with an interest in sports and/or working with children and young people. Active School Coordinators support and mentor volunteers, providing coach education opportunities (often for free) as well as guidance and advice where needed, and PVG checks are also carried out by the team.

Each volunteer will have their own particular reasons for volunteering, whether gaining experience for job prospects or meeting new people or giving something back to the local community. The aim is to best match the volunteer experience to activity sessions in schools or community settings.

Their Young Leader program offers additional incentives for young people to volunteer, including gaining Active Schools hoodies on reaching a milestone number of volunteer hours.

Types of role include: coaching, photography, filmmaking, event organising, mentoring and additional adult supervision at sessions.

Previous experience of working with children and young people in a sport/activity setting is advantageous but not essential. Volunteers who are new to this type of activity can start off by shadowing more experienced volunteers. Likewise, it would be great if volunteers with an interest in some of our non-coaching roles had some experience, but again support would be provided as and where needed.





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VOLUNTEER EVENT FIRST AIDER ACROSS MORAY & SCOTLAND

Event First Aid Service (Scotland) is recruiting for Event First Aiders for events all over Scotland.

They will provide you with all the training you need to be able to do this properly and safely and will provide you with ongoing support and training up to First Responder on Scene level and provide you with a uniform as well.

They have some fantastic events coming up over the summer season and have teams based in Sandend and Elgin.

You do not need any previous skills or experience, just a willingness to learn and an interest in helping people. At the moment training is the 1st and 3rd Wednesday of each month and training is carried out at either Sandend or Elgin. The minimum commitment would be four hours a month training, plus any events you wish to volunteer for. They would like a long term commitment from volunteers as completing the first responder on scene course does cost the charity a significant amount

The minimum age for this opportunity is 15 years old.







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