



tsiMORAY Volunteer Hotlist

March 2024

Contact us! Email: volunteer@tsimoray.org.uk

Call: 01343 541713

Company No: SC416994 Scottish Charity No: SC042954

Volunteer opportunities available this month with...



Moray HandyPerson Services

SUPPORT
INFORM
FACILITATE

Re-engage

Tea Party Drivers

Regular tea parties are run for older members of the community to help combat isolation and loneliness. The groups are there to share a friendly conversation over a cup of tea or with a slice of cake. They are looking for a friendly and patient volunteer to help one or two guests to the hosted tea party and home again. You are of course invited to stay and take part in the tea party as well!

For more information and to apply, please [click here](#).

Macmillan Cancer Support

Macmillan Buddy

As a Macmillan Buddy volunteer, you can make a real difference to people's lives, at the hardest time of their life. As a volunteer buddy, you are there as someone for your service user to talk to about how they are feeling and their support needs during this difficult time. Macmillan Community Buddies visit the service user face-to-face in the local community, usually the service user's home.

This can also include offering support with simple practical tasks around the home.

Read more on this wonderful opportunity by [clicking here](#), where you can also apply.

Cats Protection

Lifeline Foster Volunteer

Cats Protection offer a free and confidential fostering service for cats whose families are fleeing domestic abuse so they can rest assured their cat will be taken care of until they can be safely reunited. They'll cover all costs so all you need to do is provide a loving home for your foster cat and send lots of photos so they can give their owner updates. Fostering with this service is completely confidential, so you won't actually know anything about the owner and they also won't know your identity either. All communication goes through the dedicated Lifeline team to maintain anonymity.

[Click here](#) for further information, and to apply.

Earthtime

Outdoor Play Assistant

Earthtime run Forest School sessions every Friday in Elgin for small groups (8 children) in P6 and P7.

P7 is 10am-12pm and P6 is 12:30pm-2:30pm. They are looking for extra adults to support the sessions and help the Forest School Leader. No qualifications are needed, just an interest to work alongside children. You need to like being outside in all weathers, and be able to work as part of a very small team. Travel costs associated with reaching the location will be reimbursed.

Please [click here](#) to apply.

Royal Air Forces Association

Connections for Life Volunteers

As part of the RAF Association, our Connections Volunteers offer the vital connection and support our beneficiaries need. In this role, you will make a real difference by helping support a lonely individual via regular telephone calls. Read more and apply [here](#).

Case Worker Volunteer

A Caseworker is someone who carries out work for the Royal Air Force Association on a voluntary basis by gathering information, asking questions and completing necessary forms and by doing so, you will make a real difference. You will also work closely with the Area Welfare Officer to complete each case successfully. More information can be found [here](#).

Moray Handypersons Service

DiY Volunteer

Moray HandyPerson Services provide practical DiY assistance to help older, disabled and otherwise vulnerable people in Moray, to stay safe and independent in their own homes. They carry out small DiY jobs such as changing a lightbulb, putting up a shelf or mirror, hanging curtains and fitting key safes. If you have DiY skills, have time to spare and would like to help others in your community, they would love to hear from you. There is no set time commitment, you decide when you are available and the types of jobs you would like to do.

For further information, please contact Ashley on 01343 559739 or email handyperson@morayhps.org.uk or [click here](#) to apply.

Guide Dogs Scotland

Occasional Volunteer

Can you help the local Moray Guide Dogs Fundraising Group by becoming an Occasional Volunteer? You only have to volunteer up to 4 times in a year and just have to fill in a simple form with contact details and emergency person. They need help at events such as Tesco collections and Highland Games where you will be manning a table for just 2 hours with another volunteer.

Contact Andrea via Andrea.Williams@guidedogs.org.uk

CrossReach

Volunteer Counsellor

As a volunteer counsellor with CrossReach, you will be providing a professional counselling service to clients. They will provide you with the necessary training that allows you to practice within their guidelines. They will also offer you the necessary training needed when you join the team.

If you would like to volunteer with them as a counsellor, they ask that you have completed a diploma in counselling or are currently undergoing a counselling diploma and have completed your readiness to practice. For their perinatal services they also ask that you have completed a minimum of 50 clinical hours. If you would like to see clients online, they ask that you have completed an ACTO approved online training course. They will discuss at interview the number of clients you will see, along with the number of clinical hours that you can volunteer for.

Once you have passed your interview stage, they will apply for a PVG Membership for you, whether this be a new membership or an update to an existing membership.

CrossReach seek openness and respect towards their Christian Ethos.

CrossReach Counselling is an organisational member of COSCA and adheres to COSCA's Statement of Ethics and Code of Practice. All our practitioners are either, qualified and registered with a Professional Standards Authority (PSA) recognised professional body (e.g. BACP, COSCA, HCPC, UKCP), or in the process of gaining their qualification. The PSA assesses organisations that register health and social care practitioners ensuring your practitioner meets your needs.

For more information and on how to apply, please email moray.clinical@crossreach.org.uk
