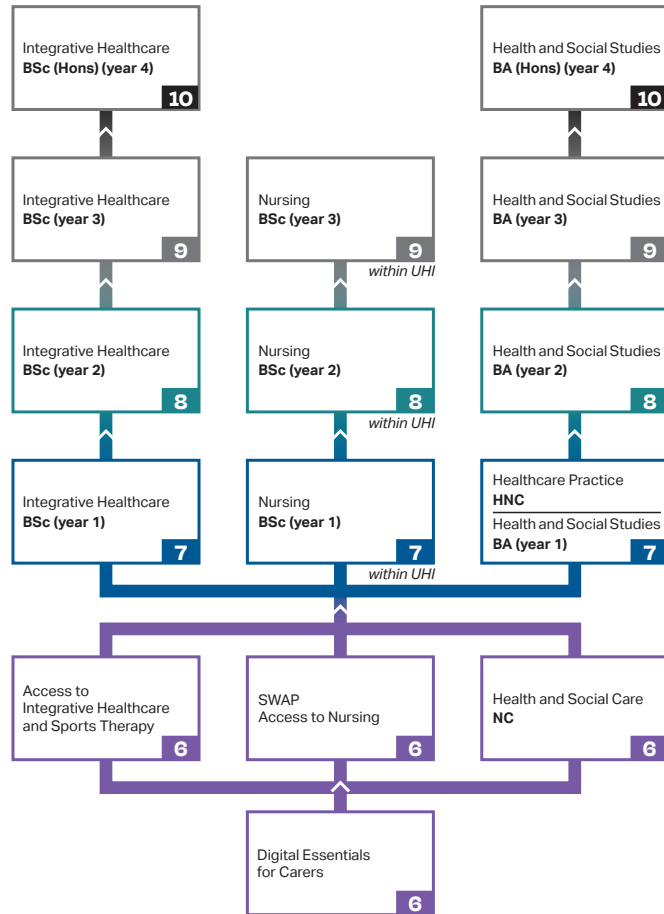# Entry and Progression Routes

There are no formal entry requirements. Depending on existing qualifications and experience it may be possible to join the first year of an SCQF Level 7 programme directly.

Integrative Healthcare
BSc (Hons) (year 4) — 10

Health and Social Studies
BA (Hons) (year 4) — 10

Integrative Healthcare
BSc (year 3) — 9

Nursing
BSc (year 3) — 9
within UHI

Health and Social Studies
BA (year 3) — 9

Integrative Healthcare
BSc (year 2) — 8

Nursing
BSc (year 2) — 8
within UHI

Health and Social Studies
BA (year 2) — 8

Integrative Healthcare
BSc (year 1) — 7

Nursing
BSc (year 1) — 7
within UHI

Healthcare Practice
HNC
Health and Social Studies
BA (year 1) — 7

Access to Integrative Healthcare and Sports Therapy — 6

SWAP
Access to Nursing — 6

Health and Social Care
NC — 6

Digital Essentials for Carers — 6

Learners can exit after at each point in a degree with a recognised qualification:

+ after 1 year   - Certificate of Higher Education (CertHE)
+ after 2 years - Diploma of Higher Education (DipHE)
+ after 3 years - Bachelor of Art/Science (BA/BSc)
+ after 4 years - Bachelor of Art/Science with Honours (BA (Hons), BSc (Hons))

To gain Nursing and Midwifery Council membership and register as a nurse, BSc Nursing learners must complete all three years of the BSc Nursing.

UHI Moray
Moray Street
Elgin
IV30 1JJ

Telephone: 01343 576000
Email: student.services.moray@uhi.ac.uk

For more information and to apply online visit:
www.moray.uhi.ac.uk

Where learning means more

Far a bheil ionnsachadh a' ciallachadh barrachd

Digital Essentials for Carers

U⋅H⋅I | **MORAY MOIREIBH**

Developed in partnership with *Digital Health and Care Innovation Centre (DHI)* and *Health & Social Care Moray,* this set of four online micro-credentials aims to support the adult social care workforce in the Moray region.

These units are covered individually and are collectively intended to provide a self-contained package of learning and engagement with digital tools and services that will provide the following high-level learning themes:

+ an overview of a range of established and emerging digital healthcare technologies; the reasons for their use; and the benefits that they bring, particularly in rural and remote areas

+ information for clients and practitioners about how their personal information will be used and handled; their rights in relation to data protection; and how they can use the information to make informed decisions about digital services

+ delivering and building confidence in core digital skills to clients and carers, through a range of supported activities

+ supporting the roll-out of digital services through signposting and delivery of planned care, integrated self-management and prevention plans, and self-reporting

Duration	up to 6 months to complete the four micro-credentials
Start Date	Flexible
Study Mode	Online

The Digital Essentials for Carers (DEfC) course has been developed to support both paid and unpaid carers, or people looking to equip themselves to be able to go into the Health and Social Care Sector.

Digital Health & Care Innovation Centre

HEALTH & SOCIAL CARE MORAY

Course Content

Micro Credential 1:
A Brief History of Digital Technologies in Health and Social Care *[3 - 12 hours]*
This unit will introduce carers to a range of established and emerging digital healthcare technologies, including online support communities; smartphone apps; video calling; online shopping; telemedicine, and wearables and sensors. Carers will explore how these technologies are transforming the lives of carers and clients by putting patients at the centre of healthcare, and by empowering them to participate actively in their care. This unit will also highlight some of the challenges relating to vulnerable and older people, including common accessibility issues such as vision, hearing, and dexterity and heightened anxieties about technology and internet security.

Micro Credential 2:
Developing Skills and Confidence in Digital Care *[3 - 12 hours]*
This unit provides carers the opportunity to practice, apply, and develop confidence in using technology in social care, including using mobile devices such as smartphones and tablets; electronic communication; online etiquette; connecting to the internet; solving basic IT problems, and knowing where to turn for IT support.

Micro Credential 3:
Digital Care: The Moray Context *[3 - 12 hours]*
This unit focuses on the potential for digital technologies to transform the quality and impact of social care in rural areas, such as Moray. It will help those working in social care to understand the full and positive impact of digital technologies in supporting high-quality, person-centred care in rural and remote areas. This will include helping people to choose technology that works for them; accessing personal information online, and staying connected to people or communities that are important to them.

Micro Credential 4:
Your Personal Information and How it's Used *[3 - 12 hours]*
This unit introduces carers to the concept of digital information within health and social care, with a particular focus on personal and sensitive data. The primary focus of this unit is to help carers balance those considerations so that they can understand and put people's best interests at the heart of any decisions to use digital tools.